

Evangelicals Report Better Wellbeing than Non-Christians



What we did

Teleios conducted a wellbeing survey on two Instagram accounts frequented by adolescents and millennials; one being mostly followed by Christians and another by the general population.

The majority of responses were:

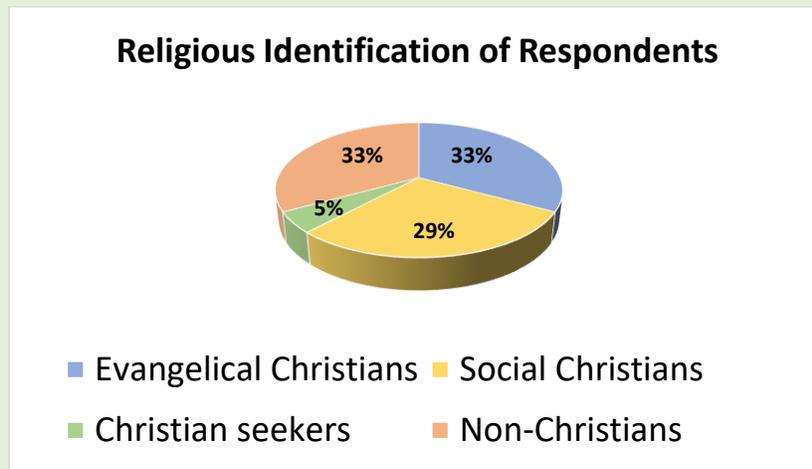
There were 1,186 responses

Female (68%)

<30 years (76%)

From the United States (40%)

From Europe (16%)



What we found

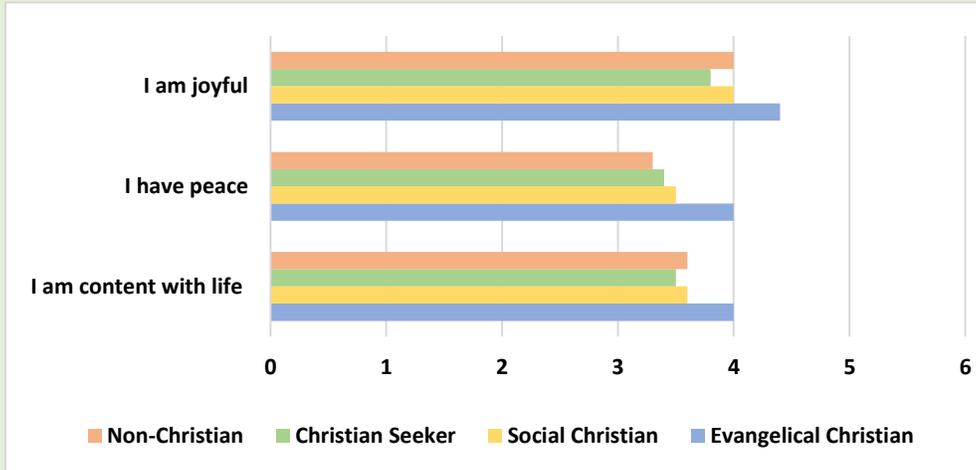
Respondents were asked to rate their wellbeing on a scale of 0-6, with 6 being highest.

Average wellbeing ratings

Evangelical Christians.....	4.6
Social Christians.....	4.1
Christian Seekers.....	4.0
Non-Christians.....	4.3

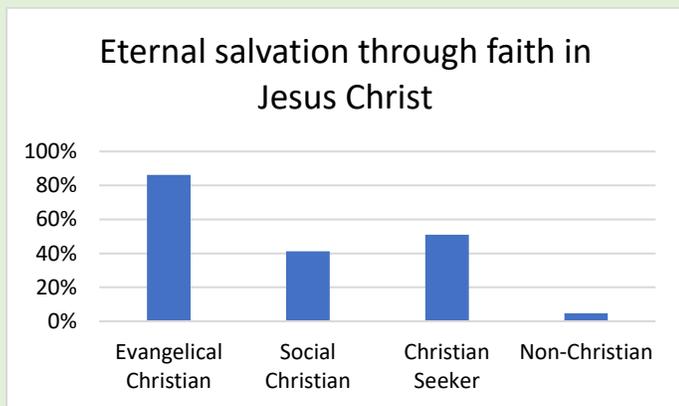
Findings for wellbeing were supported further by results that evangelicals were more content, at peace and joyful than the other groups.

Figure: Respondent self-rankings in agreement to questions (scale 0-6, with 6 being highest)

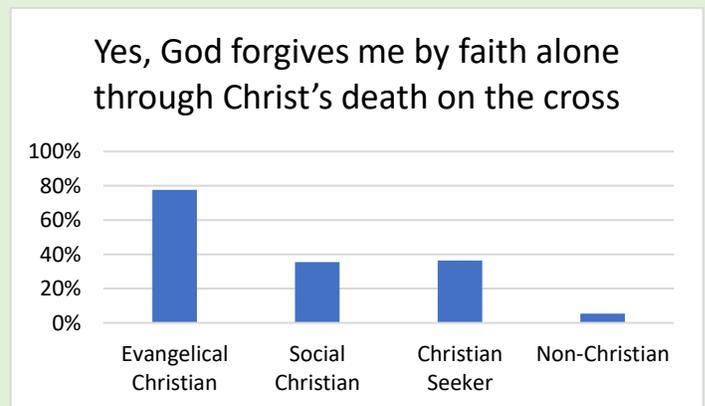


Additionally, evangelicals were more confident of their salvation and aware it is a gift by faith in Christ alone.

What gives you hope for the future?



When I die I will go to heaven?



These findings support that evangelical Christians are most confident and hopeful in salvation through faith alone.

In summary, Christianity may help wellbeing, which is associated with greater confidence in one's salvation and eternal life.





***Establishing evidence for the positive
results of a God-based lifestyle***

If you are not a Christian or do not understand that salvation is a gift from God ... keep reading!

- Each person has done misdeeds (sin) that deserve punishment from a perfect and just God. However, God being loving, sent his Son, Jesus Christ, to die on the cross for our sins to take the punishment we deserve.
- Consequently, when we simply accept, through faith alone, the forgiveness that Christ provided by his death on the cross, we receive a permanent relationship with God and eternal life!

(Ephesians 2:8-9, Romans 10:9-10, and Romans 3:21-26).

If you have questions/insecurities about your faith, or general comments, we welcome you to contact us at teleiosresearch@outlook.com.

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