How Adherent Christians Make Decisions

WHAT WE DID

Teleios Research surveyed young evangelical Christians to evaluate how they make decisions.

858 professed Christians completed a survey advertised on the Instagram account, Instapray. The average age was 23 years and the majority of respondents were:
- Female - 67%
- Had at least some college education - 51%
- Evangelical - 77%

We examined the top 5 responses given by those most adherent to their Christian life, those who regularly study the Bible, pray, praise, share the gospel, and teach others. Look at these amazing findings!

WHAT WE FOUND

The results showed those more adherent to their faith relied more on biblically-based factors in their decision-making.

How do I make spiritual/secular decisions?

(adherent scale of 0-6 with 6 being best)
Once I make a decision, I typically ...

<table>
<thead>
<tr>
<th>Activity</th>
<th>Adherence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seek reassurance from a mentor</td>
<td>4.12</td>
</tr>
<tr>
<td>Take action based on faith, knowledge of God’s Word &amp; experience</td>
<td>4.06</td>
</tr>
<tr>
<td>Seek reassurance from other Christians</td>
<td>4.02</td>
</tr>
<tr>
<td>Pray for assurance from God</td>
<td>3.90</td>
</tr>
<tr>
<td>Feel unsure of my decision and repeat decision-making processes</td>
<td>3.51</td>
</tr>
</tbody>
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I believe my decision making for spiritually related issues is:

- Biblically-based: 3.40
- Spirit-led: 3.60
- Pleasing to God: 3.80
- Made in faith: 4.00
- Potentially incorrect: 4.20

I believe God helps my decision making by:

- Using the Bible: 3.70
- Leading me by His Spirit who uses His Word: 4.00
- Help from other believers: 4.10
- Expects me to step out in faith: 4.20
- Perceived answered prayer: 4.30
WHAT IT MEANS

Young evangelicals who are more adherent to their faith more frequently use the Bible for making decisions!

Following the Bible is a good decision!

Establishing evidence for the positive results of a God-based lifestyle

If you are not a Christian or do not understand that salvation is a gift from God...keep reading!

- Each person has done misdeeds (sin) that deserve punishment from a perfect and just God.
- However, God being loving, sent his Son, Jesus Christ, to die for our sins on the cross to take the punishment we deserve.
- Consequently, when we simply accept, through faith alone, the forgiveness that Christ provided by his death on the cross, we receive a permanent relationship with God and eternal life!

(Ephesians 2:8-9, Romans 10:9-10, and Romans 3:21-26).

If you have questions/insecurities about your faith or general comments we welcome you to contact us at teleiosresearch@outlook.com. Please visit our website and social media accounts:

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